

**Bloomington Polar Bear Plunge**  
bloomingtonpolarbearplunge.com  
**January 1st, 10 am at Paynetown Beach in Lake Monroe**  
**Hold Harmless Agreement / Enter at Your Own Risk**

I know that jumping in Lake Monroe at Paynetown Beach on January 1st includes an element of risk. I should not enter and participate in the Polar Plunge (hereinafter 'this event') on January 1, unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to complete this event safely and I further agree that event officials or volunteers may authorize necessary emergency treatment for me. I further assume any and all other risks associated with participating in this event including, but not limited to, illness, traveling to and from the event, falls, contact with spectators or other participants, the effects of the weather (including temperature extremes and humidity) and the surface condition of the roads and sidewalks, all such risks being understood and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all subsidiaries, affiliates, assigns, representatives and successors of the foregoing: Bloomington Polar Bear Plunge, event officials, volunteers, and any and all other sponsors, and any other person in any way assisting or connected with this event from any and all claims or liability of any kind or nature whatsoever arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver.

You represent and warrant that, in compliance with COPPA, you are over thirteen (13) years of age, and that if you are registering a child under fourteen (14) years of age you are the parent of such child, and do hereby consent to the collection of such child's personal information by the Bloomington Polar Bear Plunge at Paynetown. I also understand and agree that any sponsor may subsequently use, for publicity or promotional purposes, my name or pictures of me participating in this event without liability or obligation to me.

Entries cannot be accepted without a valid signature. Entries from minors will only be accepted with a parent or legal guardian's signature.

Name \_\_\_\_\_ Date \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_